

88th RD Family Programs Training FY 22

A L L Y O U R F A M I L Y R E A D I N E S S N E E D S !

SPECIAL POINTS OF INTEREST:

- Regional Soldier and Family Readiness Training.
- Command Family Readiness Representative Training (CFRR).
- Yellow Ribbon Reintegration Program.
- Tele-Mobilization/ Reunion Brief .
- Volunteer Orientation to the Army Reserve Volunteer Corps.
- Battalion/Brigade Pre-Command Course (BBPCC) Senior Spouses Course.

LEAD STORY HEADLINE

The mission of Family Programs is to provide globally responsible and regionally engaged programs and services to America's Army Reserve Community.

Family Programs focuses on Families so Soldiers can focus on defending Americas freedom.

Army Reserve Family Programs (ARFP) is a comprehensive blend of quality of life programs in support of Department of Defense activities.

Family Programs is a Commander's force multiplier for mission readiness.

Family programs staff serve as the primary coordinating re-

source, who provide a multitude of unit and community-based services that foster the growth, development, and readiness of Soldiers and Families

Additionally, Army Reserve Family Programs provides a single gateway to responsive Family Crisis Assistance.

ARFP provides a unit and community based solution that connects people to people.

Resources:

- Child and Youth Services
- Volunteer Management
- Financial Readiness
- Counseling

- Army Family Action Plan
- Disaster Preparedness
- Disaster Resources
- Soldier and Family Readiness Group (SFRG) Expertise and Guidance
- Family Day's
- Employment assistance
- Army Family Team Building

For more information visit the Army Reserve Family Programs Site at:

<https://www.usar.army.mil/ARFP/>



88th RD Family Programs Team stands by ready to assist.

THE IMPORTANCE OF FAMILY READINESS TRAINING

Research shows that when Families are connected to their unit, each other, and the community, Soldiers and Families are better able to meet the challenges of military life. Did you know that Family Readiness Groups have been around since the Revolution-

ary War days? Families have always been an important facet of Military life and yes, SFRGs, as we know them to be today, has changed a lot since General George Washington was around.

The Family Programs Staff

assists Soldiers, Spouses, Families and SFRGs every day and a very interesting part of this, is a vast number of Spouses and some Soldiers really don't know what an SFRG is or can do for them. Attend some of these important training to find out.

REGIONAL SOLDIER AND FAMILY READINESS TRAINING (RSFRT)

Family Programs Training provides participants with information relevant to Command Teams, Command Family Readiness Representatives, and Family Readiness Group Volunteers on the administration of a Unit Family Readiness Program. Participants will have the opportunity to explore the definitions and missions of Family Programs, Family Readiness, and the Soldier and Family

Readiness Group (SFRG). Participants will be able to distinguish between the various roles and responsibilities of Command Team Members and identify services provided by Army Reserve Family Programs to assist with the implementation of a healthy, holistic Family Readiness Program. This training facilitates the development of a unit Family Readiness Plan and Soldier and Family Read-

iness Group Action Plan. The training is 3-days and available four times a year. See below schedule and locations below:

- *27-30 Jan 22/St. Louis, MO
- *24-27 Mar 22/Denver, CO
- *25-27 Jun 22/Boise, ID
- *19-21 Aug 22/Columbus, OH



"The strength of a family, like the strength of an army, lies in its loyalty to each other."
-Mario Puzo

VOLUNTEER ORIENTATION TO THE ARMY RESERVE VOLUNTEER CORPS:

This briefing provides new volunteers and/or potential volunteers with an orientation to opportunities, expectations and requirements of volunteering with Army Reserve Family Programs. This training is conducted virtually. In addition, there are periodic "Volunteer Skills" pieces of training throughout the year to help develop marketable

skills for our volunteers. Keep an eye on our social media for topics and dates.

- 14 Nov 21
- 15 Jan 22
- 09 Apr 22
- 16 Jul 22



COMMAND FAMILY READINESS REPRESENTATIVE (CFRR): CERT COURSE



This is a 4 hour course conducted virtually. It consists of three separate courses combined into a single certification session.

Command Family Readiness Representative (CFRR)-Basics:

The purpose of this session is to introduce Command Family Readiness Representative (CFRR) to the basics of Family Readiness and define the role and responsibilities of the CFRR. The class assists the participants in understanding the difference between Family

ly Assistance and Family Support. Participants will explore the various regulations that provide guidance and governance for Family Readiness.

Command Family Readiness Representative (CFRR)-Soldier and Family Readiness Group (SFRG) 101:


The purpose of this session is to provide the Command Family Readiness Representative an overview of the Soldier and Family Readiness Group (SFRG), its purpose, mission, function and activities. This session also explains volunteer management and volunteer record keeping.

Command Family Readiness Representative (CFRR)-Family Programs Support of Family Readiness:

The purpose of this session is to provide the Command Family Readiness Representative an overview of the programs and services offered through the Army Reserve Family Programs Directorate. The session

will also assist participants in understanding how Family Programs support Family Readiness.

- 11 Dec 21
- 13 Feb 22
- 09 Apr 22
- 16 Jul 22



"What can you do to promote world peace? Go home and love your family." — Mother Teresa

BATTALION / BRIGADE PRE-COMMAND COURSE (BBPCC) SENIOR SPOUSES COURSE:

The senior spouses learn their roles in upholding the importance of family in the success of a command. Attendees receive resources to be positive mentors, coaches and advisors for the entire command while bringing family readiness to the hearts and minds of all soldiers and families. The course includes honing the leadership skills for assisting others to achieve goals-while developing personal relationships with people with whom they work.

- 24-25 JULY 21
- 21-22 AUGUST 21
- 25-26 SEPTEMBER 21
- 16-17 OCTOBER 21
- 08-09 JANUARY 22
- 12-13 FEBRUARY 22
- 19-20 MARCH 22
- 23-24 APRIL 22
- 28-29 MAY 22
- 16-17 JULY 22

*All courses are at Ft. Leavenworth, KS



YELLOW RIBBON REINTEGRATION PROGRAM

The Yellow Ribbon Reintegration Program is a DoD-wide effort to promote the well-being of National Guard and Reserve members, their families and communities, by connecting them with resources throughout the deployment cycle. Through Yellow Ribbon events, Service members and loved ones connect with local resources before, during, and after deployments. Reintegration during post-deployment is a critical time for members of the National Guard and Reserve, as they often live far from military installations and other members of their units. Helping maintain resili-

ency during all stages of deployment is paramount to the morale and welfare of our Soldiers and families. The Army Reserve Yellow Ribbon Program is a series of events designed to provide members and families with essential resources prior to departure (pre-deployment), a level of stability and support while deployed (during deployment), and successful re-integration techniques after the deployment cycle ends (post deployment). Typically, a Yellow Ribbon event spans a full weekend - from an icebreaking registration period Friday afternoon to a packed program through half of Sunday. The 88th RD hosts pre and post deployment Yellow Ribbon activities

for Family Members/Support Members. The YRRP is a great opportunity, especially for those new to deployments, to gather information, resources, and ask questions.

*3-5 Dec 21/Bloomington, MN

*25-27 Feb 22/Bloomington, MN

*22-24 Apr 22/Bloomington, MN

*10-12 Jun 22/Denver, CO

*12-14 Aug 22/Bloomington, MN

*16-18 Sep 22/Portland, OR



TELE-MOBILIZATION / REUNION BRIEF

Tele-Mobilization Brief:

The course helps Soldiers and Family Members identify, access, and utilize the many benefits and entitlements available to them during deployment. The instructor will discuss the phases of the Emotional Cycle of Deployment and how it may impact Soldiers and their Families. The mission and purpose of the Soldier Family Readiness Group (SFRG) and list ways

that people can become involved with each unit's SFRG. This is intended to provide training for Individuals who are unable to make a Yellow Ribbon Event and still give vital deployment resource information.

Tele-Reunion Brief:

The course helps Soldiers and Family Members understand the phases of reunion and how to handle them,

identify signs and symptoms of PTSD and suicide, and access/utilize the many benefits and entitlements available during the reunion. The instructor will aid in foresting an understanding of what Army Reserve Family Programs can do for Families, identify ways to connect with unit's Soldier Family Readiness Group (SFRG), and connect with resources available to military Families



EVENTS ARE ON FACEBOOK:

[HTTPS://WWW.FACEBOOK.COM/88RDFP](https://www.facebook.com/88RDFP)



FAMILY PROGRAMS DIVISION

60 South O Street
Fort McCoy, WI 54656

Phone: 608-388-0447
Cell: 608-377-2883
Email: usarmy.usarc.88-rd.mbx.family-programs@mail.mil

All Courses can be registered for by E-mailing:
usarmy.usarc.88-rd.mbx.family-programs@mail.mil

Connecting Soldiers Families Communities

Army Reserve Family Programs (ARFP) is a comprehensive blend of quality-of-life programs in support of Department of Defense activities. Family Programs is a Commander's force multiplier for mission readiness. ARFP staff serve as the primary coordinating resource, who provide a multitude of the unit and community-based services that foster the growth, development, and readiness of Soldiers and Families assigned to the Command.

Additionally, ARFP provides a single gateway to responsive Family Crisis Assistance. ARFP provides a unit and community-based solution that connects people to people. By pinpointing Families-in-need and local community resources, the ARFP professionals can quickly connect the Soldier's Family to resources thus provide installation appropriate services in the geographic location of the crisis



Your Family Programs Team just got bigger!

No matter where your unit is located or where you live a staff member is ready to assist you!

Dominic Cirincione
Regional Family Programs Director
dominic.a.cirincione.civ@mail.mil
(608) 388-0447

Area of Coverage	Staff Member	Phone	E-mail	Area of Coverage	Staff Member	Phone	E-mail
West Region Director	Kathryn Stetson	(214) 563-9706	Kathryn.m.stetson.civ@mail.mil	East Region Director	Victor Lezza	(719) 366-8045	victor.e.lezza.civ@mail.mil
West Family Programs Coordinator	Mike Hurd	(719) 524-2172	michael.r.hurd3.civ@mail.mil	East Family Programs Coordinator	Ricque Robinson	(719) 366-4012	ricque.l.robinson.civ@mail.mil
West Family Programs Coordinator	Summer Harris	(719) 366-1316	summer.harris2.civ@mail.mil	East Family Programs Coordinator	Peggy Ranschaert	(719) 366-9259	margaret.a.ranschaert.civ@mail.mil
North Washington FRSA	Elinor Fadgen	(719) 366-7473	elinor.j.fadgen.civ@mail.mil	Kansas FRSA	Alberta Priewe	(719) 366-6509	alberta.s.priewe.civ@mail.mil
South Washington FRSA	Vaccant			West Missouri FRSA	Tonya Templeton	(719) 366-4013	tonya.m.templeton.civ@mail.mil
South Washington FRSA	Vaccant			East Missouri FRSA	Janice Wilson	(573) 563-4621	janice.d.wilson2.civ@mail.mil
South Washington FRSA	Vaccant			Michigan FRSA	Andrea Mackowiak	(719) 366-4408	andrea.m.mackowiak.civ@mail.mil
Iowa FRSA	Jeremy Baker	(563) 556-2255 x3840	jeremy.p.baker.civ@mail.mil	Minnesota FRSA	Cassandra Davis	(612) 467-7708	cassandra.j.davis16.civ@mail.mil
Idaho, Montana, N. Dakota, Oregon, S. Dakota, Wyoming	Lora Johansen	(719) 366-5349	lora.t.johansen.civ@mail.mil	Wisconsin FRSA	Vaccant		
Nebraska FRSA	Lavern Butler	(719) 366-7167	lavern.butler.civ@mail.mil	Indiana FRSA	Vaccant		
Utah FRSA	Brent Broome	(719) 366-0925	brent.c.broome.civ@mail.mil	Ohio FRSA	Tony Mears	(719) 317-1324	anthony.w.mears.civ@mail.mil
North Colorado FRSA	Candye English	(303) 371-0608 x249	candye.p.english.civ@mail.mil	IL FRSA	David Lietz	(719) 366-2121	david.f.lietz.civ@mail.mil
South Colorado FRSA	Jackie Rees	(719) 366-1783	jackie.rees.civ@mail.mil	IL FRSA	John Shepherd	(719) 317-0233	john.h.shepherd.civ@mail.mil
				IL FRSA	Rhonda Boggan	(719) 317-0234	rhonda.b.boggan.civ@mail.mil

To find out more about the US Army Reserve Family Programs please go to: <https://www.usar.army.mil/ARFP/>